

Pre-operative Precautions

- Consult your doctor for special instructions if you are currently taking any medications.
- Stop taking any medication unless it is absolutely necessary.
- Patients with high blood pressure or diabetes should continue their prescribed medications. However, if you are taking Aspirin or anticoagulant (blood-thinning) medications, you must discontinue them 7 days before surgery, or follow your doctor's instructions.
- Since healthy hair follicles lead to better hair restoration results, it is advisable to undergo Meso-therapy or stem cell growth factor treatments to improve scalp condition prior to surgery.
- Check with your doctor if you are using topical treatments such as Minoxidil 5% solution or anti-hair loss shampoo before surgery.
- Inform your doctor at Maxwell if you have ever had an allergic reaction to anesthesia or antibiotics.
- If you have gray or white hair, it is recommended that you dye your hair black 2–3 days before surgery, as gray and white hair are more difficult to separate during the procedure.
- Stop smoking and drinking alcohol at least 7 days before surgery.
- Do not wear makeup, jewelry, or contact lenses, and remove nail polish and acrylic nails before arriving for surgery.



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- Prepare a loose-fitting hat that can comfortably cover your head after surgery.
- Do not drive after surgery; please arrange for transportation in advance.
- Painkillers are included in the prescribed medication package. If you still experience pain, you may take the additional packaged painkillers as instructed.
- It is recommended to lie down on the day of surgery and the following day, if possible. Spending long periods sitting or standing may increase swelling.
- Please visit the clinic the day after surgery so we can check the surgical area, remove the dressing, and wash your hair.
- Swelling of the forehead and eyelids may occur after surgery. Use the provided ice pack on these areas starting on the day of surgery. From the third day onward, switch to a warm pack.
- You may take a light shower starting the day after surgery. Avoid touching the surgical area while showering. It is recommended to avoid baths and saunas for about 2 weeks.
- For the best graft survival rate, do not touch the recipient area. Avoid smoking and drinking alcohol for at least the first 2 weeks after surgery.
- From 3 weeks after surgery, you may resume using topical medications such as Minoxidil.



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